

Tilhører:

CENTRAL	V	B	H	GUVERNØR	V	B	H
Supraspinatus	0	0	0	Teres major	0	0	0

TYKTARM	V	B	H
Tensor fascia latae	0	0	0
Hasemuskler	0	0	0
Quadratus lumborum	0	0	0

MAVE	V	B	H
Pect. major clav.	0	0	0
Levator scapulae	0	0	0
Halsmuskler	0	0	0
Nakkemuskler	0	0	0
Brachioradialis	0	0	0

LUNGE	V	B	H
Serratus anterior	0	0	0
Coracobrachialis	0	0	0
Midter deltioideus	0	0	0
Diaphragma	0	0	0

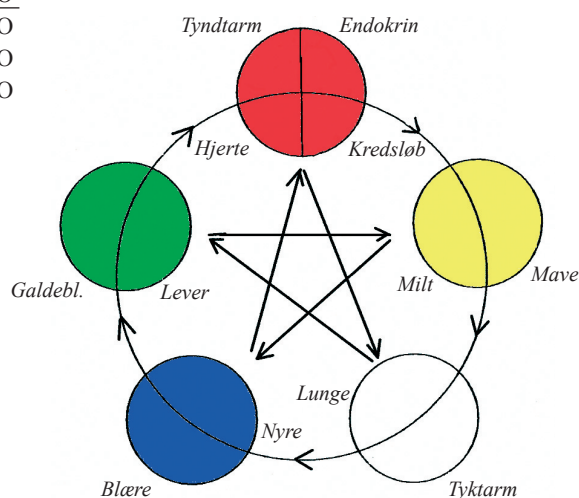
MILT	V	B	H
Latissimus dorsi	0	0	0
Midter trapezium	0	0	0
Nedre trapez. ius	0	0	0
Opponens pollicis	0	0	0
Triceps	0	0	0

LEVER	V	B	H
Pect. major sternalis	0	0	0
Rhomboideus	0	0	0

GALDEBLÆRE	V	B	H
Deltioideus anterior	0	0	0
Popliteus	0	0	0

HJERTE	V	B	H
Subscapularis	0	0	0

ENDOKRIN	V	B	H
Teres minor	0	0	0
Sartorius	0	0	0
Gracilis	0	0	0
Soleus	0	0	0
Gastrocnemius	0	0	0



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KREDSLØB	V	B	H
Gluteus medius	0	0	0
Adduktorer	0	0	0
Piriformis	0	0	0
Gluteus maximus	0	0	0

BLÆRE	V	B	H
Peroneus	0	0	0
Sacrospinalis	0	0	0
Tibialis anterior	0	0	0
Tibialis posterior	0	0	0

NYRE	V	B	H
Psoas	0	0	0
Iliacus	0	0	0
Øvre trapezium	0	0	0



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Find denne skabelon på www.kinesio.dk